

# Delta Kajukenbo News

Volume 2, Issue 1

1st Quarter, February 2011

## Aloha ...

*Salutations from Sifu*

**Professor Frank Wohler “Sifu”, may he Rest In Peace**

(by Justin Camara & Kellen Houk)

*Delta Kajukenbo*

Aloha Professor and Aloha friends and family. As many of you know Professor Wohler was recently very sick and has passed away. For those of you that did not know we are sorry if this news came to you as a surprise. You are all his family and you are all the remaining family he had. What a rich family that is, what a rich man he was. He now begins a new journey as we all continue ours. He would ask that you keep our wonderful art of Kajukenbo alive, be kind and good to others at all times and cherish your family as he cherished his. He was honored to have played a role in your lives and even more honored for you to have played a role in his.

That’s just the way he was.

For now we say :

Aloha Professor ...

## State of the Kwoon

*Conditions at Delta Kajukenbo*

**Sibak Kellen Houk**

*Delta Kajukenbo*

### Delta Kajukenbo will Persevere

**Patience, Perseverance, Belief, Courage, Honesty, Self Control, Respect for Others and Love of Humanity.**

Sound familiar? These are the eight mental aims that we have learned through our Professor’s teachings as they were taught to him.

**Patience:** we will all need to exhibit patience over the coming weeks. We will do everything we can to provide continuity of class activities - please make every effort to attend training but understand that some flexibility may be in order for the next few weeks.

**Perseverance:** we will persevere, we must, Professor Wohler’s legacy will continue, his legacy is you.

**Belief:** believe in your Professor’s teachings, believe in your art, believe in your school and believe in yourself.

**Courage:** we all need the courage to continue without our Professor’s physical presence, keep your courage to train, don’t stop, attend classes regularly.

**Honesty:** we are a family, family members must have trust in each other and honesty builds trust. If you have any questions or need to talk, your family is here for you.

**Self Control:** times of stress and change can be challenging. If you need help emotionally, spiritually or otherwise please ask. You may feel things are a bit out of your control right now -

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## OF SPECIAL IMPORTANCE

### *Professor Frank Wohler's Memorial Services*

#### *Services:*

Date: Friday, February 25, 2011

Time: 11:00 AM

Where: St. Bernard's Catholic Church

163 West Eaton Avenue

Tracy, CA 95376

[www.st-bernards.org](http://www.st-bernards.org)

#### *Reception:*

Date: Friday, February 25, 2011

Time: Following the services @ approx. 1:00 PM

Where: Delta Kajukenbo

4220 Commercial Drive Unit #6

Tracy CA, 95304

[www.deltakajukenbo.com](http://www.deltakajukenbo.com)

## CALENDAR OF EVENTS

WORKOUT TO BENEFIT DELTA KAJUKENBO

Hosted by:

Grand Master James Juarez

DETAILS TO FOLLOW

KAA WORKOUT

HAND-TO-HAND KAJUKENBO (OAKLAND)

MARCH 20TH

10:00AM - 1:00PM

Hosted by:

Sifu Sonya Richardson

rest assured we as a family will move forward. We as a family will shape our future.

**Respect for Others:** maintain your respect for others. People deal with stress in their own ways. No one is alone in this family, respect each other and be there for one another.

**Love of Humanity:** the comments from those close to Professor Wohler all have a common theme. What a love he had for humanity, "never saying an unkind word of anyone." "The heart of a lion." We must follow his footsteps along this path.

Please direct any questions regarding the future of Delta Kajukenbo to Sifu Justin Camara or Sibak Kellen Houk. Professor's wishes were for Sifu Justin and Sibak Kellen to continue his legacy. Large shoes to fill but we will start our journey one small step at a time. Our focus remains on the students and we will have further communications with parents and students alike. For now train as hard as ever. Ask any and all questions that you may have.

Email Sibak Kellen at [SibakKellen@gmail.com](mailto:SibakKellen@gmail.com).

### **The KAA**

The KAA has extended their full support to the Delta Kajukenbo family. Professor Frank Wohler served as Vice President on the KAA Board of Directors. We have been in frequent communication and we will help each other through this process.

### **Thank you to our friends and family**

Our Professor's passing has been a very humbling experience - we are truly overwhelmed by the amount of people he touched and the kind words they all have for him. I've never seen a family come together on this scale. Some of the most incredibly warm and caring people I have ever met.

Thank you all so very much!!!!

*The end*

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IN MEMORIAM

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PROFESSOR FRANK WOHLER  
FOUNDER OF DELTA KAJUKENBO  
GAYLORD'S METHOD

JULY 14, 1949 - FEBRUARY 5, 2011

Long time Bay Area resident Frank Wohler passed away Saturday, February 5, 2011, he was 61 years old. Born in San Francisco, he lived in several Bay Area cities including Fremont and Oakland before settling in Tracy. Professor Wohler was a professional martial arts instructor teaching in Tracy, CA since 1992. He was an 8th degree black belt and held the title of "Professor" in the art of Kajukenbo. Frank also served as Vice President of the Kajukenbo Association of America. Frank is survived by the hundreds of students he has taught over his many years in the arts.

He will be sorely missed.